



Find community resources near you

Search for free and reduced-cost services and support

Discover the Optum Community Connector

Want an easy way to find helpful support all in one place? Use the online Optum Community Connector tool to find resources in your area that can help you and your family with needs such as:

- Food
- Housing
- Transportation
- Finances
- And more

Simply enter your ZIP code to see a list of programs and support in and around your community.



See what's available

Scan the code to visit optum.findhelp.com today.

Have questions?

Here4TN is here for you. A WorkLife specialist can help you find resources and referrals for whatever you need. Reach out anytime.



Call 24/7: 855-Here4TN
(855-437-3486)



Live chat:
Monday through Friday, 8:30 a.m. to 3:00 p.m. CT

Optum

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*Confidential in accordance with the law.

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. This program is not a substitute for a doctor's or professional's care. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against Optum or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and is subject to change. Coverage exclusions and limitations may apply.

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Looking for additional financial support?

Your **Here4TN** Employee Assistance Program (EAP) may be able to help you increase your savings, lower debt or improve your credit. The EAP offers 100% confidential* services, including:

- Two calls with a money coach at no extra cost
- A financial stress assessment
- Self-directed online learning
- A 25% discount on tax preparation

Learn more at Here4TN.com.